Overview of the Medi-Cal Mental Health Delivery System

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Current County Systems

• 56 counties + 2 city plans
• Most counties operate as integrated “Behavioral Health Systems” and manage the mental health and substance use disorder (SUD) benefit out of a single department
• We are a “carved out benefit”
Delivery Systems

• Counties operate a network of providers that includes county staff and contracted agencies (typically non-profits).
• More rural counties often only have county staff providing services.
• Larger Counties tilt towards more contracted provider services.
Who is eligible for County Services

- County MH: Prevention
- Medi-Cal Managed Care Plans: Mild/Moderate Services
- County MH: Services to the moderately mentally ill
- County MH: Services to the severely mentally ill

For substance use services counties are responsible for the full spectrum from prevention to intensive residential treatment.
Reimbursement Basics:

We bill per minute (or per unit of service for SUD)

Each person has a Medi-Cal aid code that determines the % of the service cost that is eligible for federal reimbursement.
California County Behavioral Health Funding

California counties receive over $8 billion in funds annually for behavioral health.* The money comes from a variety of sources.

1. Federal Mental Health Medicaid Matching Funds  $3.04 billion
2. Mental Health Services Act  $1.77 billion
3. 2011 Realignment  $1.39 billion
4. 1991 MH Realignment  $1.31 billion
5. Federal SAPT Block Grant  $225.6 million
6. Other (MH Block Grant, County MOE, County GF)  $212.8 million
7. Federal SUD Medicaid Matching Funds  $190.5 million
8. State General Fund  $14.7 million

*Amounts based on FY16/17 Estimated Behavioral Health Funding.

Does not reflect projected increases in federal matching funds and state general fund spending on SUD services under the DMC-ODS (lines 7 and 8).
Specialty Mental Health Services Provided

• Prevention
• Assessment
• Case Management
• Mental Health Counseling Rehabilitation
• Full Service Partnerships “Whatever it takes”
• Crisis Intervention
  • In emergency departments
  • In the community
  • In partnership with law enforcement teams.
• Inpatient Services
• Residential Services (Placements up to State Hospitals)
Specialty Mental Health Services Provided to Children

• Early Intervention Services (0-5) often in partnership with First Five groups
• School Based Mental Health Services
• Services In Partnership with Social Services to children in placement; we conduct family assessment and mental health services to support the reunification process
• Mental Health services to kids in placement
• Services to the Juvenile Justice population (both prevention and intervention)
• Transition age youth specific services and services geared to support the LGBTQ youth
Additional Publicly Funded BH Services For Adults

- Community Based Homeless Outreach
- Mental Health & SUD services for the CalWORKs population
- Consumer Wellness Centers
- Supportive Housing
- State Hospitals, IMD placements
- Payment “patches” to board and care facilities
- State Hospital Services
- Substance Use Disorders:
  - Prevention & early intervention
  - Individual and group counseling
  - Residential Substance use treatment
  - Medication assisted treatment
  - *Additional services (e.g. case management and recovery services) in DMC-ODS waiver counties
One County Example:

HHSA Mental Health Levels of Care

Number of Clients Served vs. Cost of Service FY 17/18

- **STATE HOSPITALIZATION**
  - 3 Clients
  - $189,886.67 Per Client
  - Total: $569,660.01

- **INSTITUTIONS FOR MENTAL DISEASE**
  - 50 Clients
  - $55,460.79 Per Client
  - Total: $2,773,039.43

- **RESIDENTIAL, DAY TREATMENT, GROUP HOMES, BOARD & CARE**
  - 137 Clients
  - $9,174.37 Per Client
  - Total: $1,256,888.96

- **SHORT TERM HOSPITALIZATION**
  - 350 Clients
  - $8,388.33 Per Client
  - Total: $2,935,917.12

- **OUTPATIENT**
  - 2793 Clients
  - $4,134.03 Per Client
  - Total: $11,546,356.59

- **PREVENTION & EARLY INTERVENTION**
  - 10,130 Clients
  - $132.14 Per Client
  - Total: $1,338,578.20

* Data does not reflect Managed Care Offset of $472,843.28
Key Partners: We thrive through collaboration

People can enter services through open access clinics, calling a central call number to schedule an assessment, or though the doors we open by providing services with our key partners:
Where:

• Many of our services are provided at home, or in other community based settings such as:
  • Schools
  • Targeted community based outreach to the homeless population
  • In collaboration with key partners (at probation offices)
  • Reverse Integration Primary Care Clinics
• Counties and our contract providers cover the entire geography of the county and are subject to managed care time and distance standards.
Questions?

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